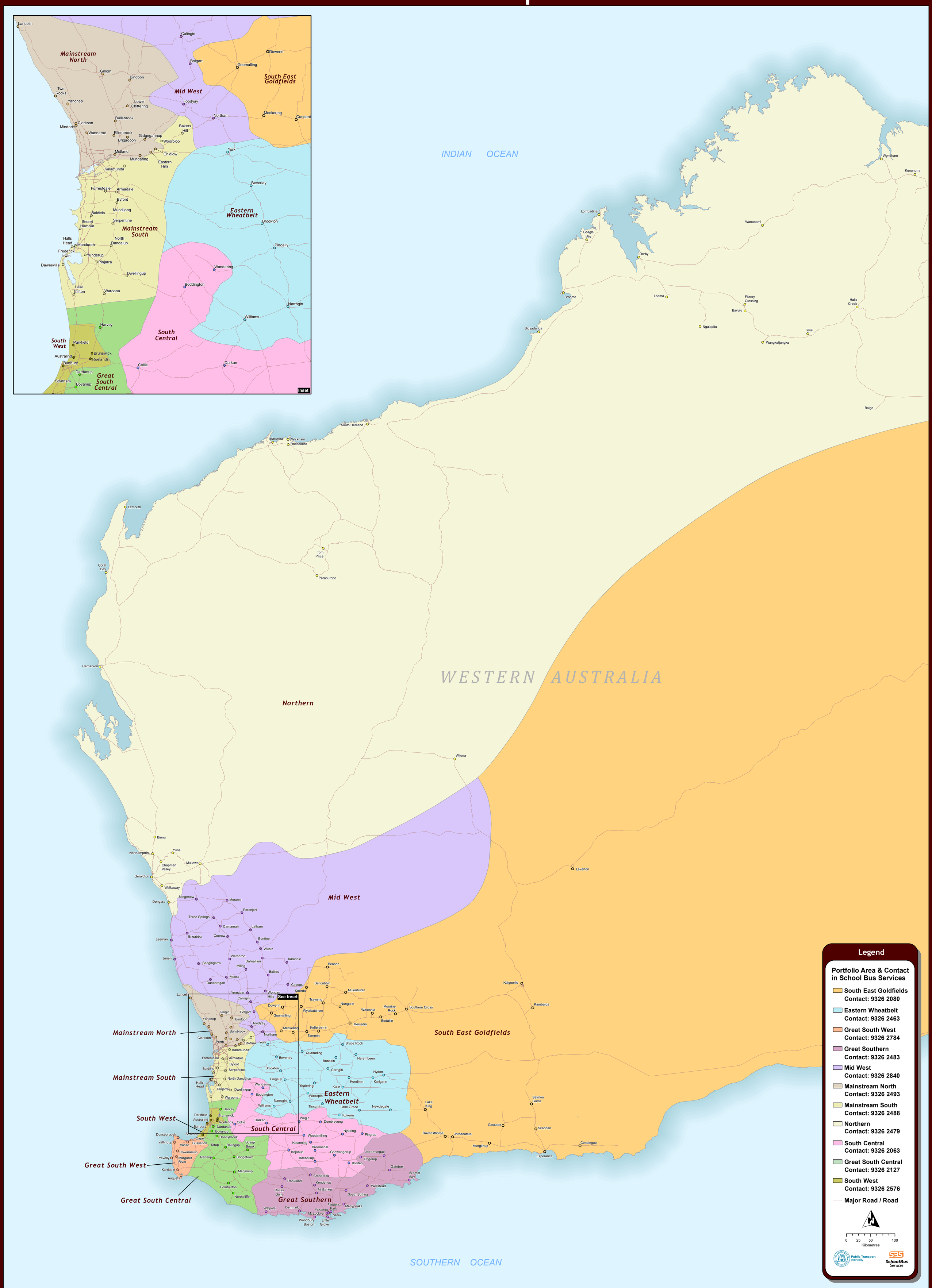Mainstream Portfolio Map - October 2022